Mrs. Luks--

Thank you so much for coming to our Future Problem Solving class to talk about your local involvement in promoting healthy eating! Our class brainstormed a list of what we now know about “slow food” after your visit!

SLOW FOOD IS . . .

* healthy food that goes straight from farm to family Lauren O’Neil
* real food with natural and locally grown ingredients Ben Tuck
* taking food back to its roots Chava Evans
* food that is slow to grow and slow to the fork Kevin Ivey
* being aware of foods and cultures that are becoming endangered Maeve Hall
* something we could let define our future instead of fast food Libby Larro
* an international volunteer organization Olivia Snapp
* food which has had time to grow and has taken time to make Tanner Lewis
* natural whole foods that are locally grown Rory Stevens
* a healthier option of food that comes from sources that care about consumers Jonas Wilkey
* . . . cultural William Strom
* healthy and full of nutrients Connor Wiernasz
* affecting millions of people around the world and promoting real food Rachel Leipold
* food produced, sold, and disposed of in a good, clean, and fair manner for any and everyone willing Natalie Raihall, Andriana Taratsas, Teagan Norrgard, Caroline Benedetti, Asa Fearrington, Chris Alfano, Aya HIbben, Hannah Keller
* a group of people around the world that promotes natural food and teaches people to go back to eating “real” foods Zack Weaver
* seed banks, seed swaps, and seed sovereignty in 150 countries around the world McKenzie Elim
* food without the use of chemicals Justin Alcorta
* an organization of volunteers that is trying to get the world back on track with its eating habits Pete Watson
* giving people an opportunity to experience real food that will benefit their health Tolliver Mance
* real food, saving/enjoying/preserving food, fair wages, “one person at a time, one day, one seed,” seed swaps, food miles, non-GMOs, alternative/revolutionary/trend-setting Sarah Eaton
* food that spreads the goodness of organic, fresh food around the world Abby Rieck
* a great way to enjoy whole, nutritious food with our family and friends Emily Turner
* RAISING AWARENESS . . . CHANGING THE WORLD! Allison Landergan

~ Mrs. Stanley’s FPSers

